



Introduction

Hearing aids can make a tremendous difference in your life.

They can:

- make it easier to communicate with family, friends, and colleagues
- help you communicate more easily in social/recreational activities
- improve your ability to hear in noisy situations
- allow you to hear sounds in your environment that you have not heard in a long time, such as birds chirping or raindrops on the roof.
- decrease your stress levels and improve your overall quality of life



ROCHESTER Hearing & Speech Center

Rochester

1000 Elmwood Avenue, Door 1
Rochester, New York 14620-3092

585.271.0680

585.442.2985 TTY

Greece

550 Latona Road
Rochester, New York 14626

585.723.2140

585.723.3856 TTY

Webster

1170 Ridge Road
Webster, New York 14580

585.872.8073

585.442.2985 TTY

www.rhsc.org



What To Expect From Your New Hearing Aids.



ROCHESTER
Hearing
& Speech
Center

However, hearing aids do not restore hearing to normal. It is important that you have realistic expectations about the benefits of hearing aids. The amount of benefit you will receive depends on:

- your type and degree of hearing loss
- your lifestyle
- your communication needs
- the type of hearing aid you select

Satisfied customers report to us that they have received the following benefits from their hearing aids:

- improved ability to hear soft speech and environmental sounds
- able keep strong sounds from being uncomfortably loud
- ability to hear average everyday conversational speech at comfortable levels

Hearing aids can improve the quality of your life

1. Hearing aids make speech sound clearer because they are adjusted to amplify the sounds that you are having the most difficulty hearing.
2. Hearing aids let you hear sounds that you have not heard in a while, such as your own breathing or clothes rustling.



Summary

Hearing aids can be of great help in improving the overall quality of your life. Although your new hearing aids may not always be able to address all of your hearing and communication needs, there are communications strategies that you can use to supplement their use. Your clinician will discuss these strategies with you during the hearing aid fitting process and explain how you can best use them.

In addition, there are many assistive listening devices that may also be of help. Please ask for the HearTech Program brochure for more information.

3. The more sophisticated hearing aids can be tuned to amplify sounds of people speaking to you louder than background conversations. This allows a more enjoyable experience in crowded situations such as restaurants or parties.

Important facts to be aware of

1. Initially your voice and the voices of others may sound different to you as you begin to get used to your new hearing aids.
2. Even with your new hearing aids, you may still have difficulty understanding speech in certain situations such as when people are talking from another room or if they are far away from you.
3. Hearing aids are least effective in rooms where there is an echo, such as rooms that have hard walls or floors without carpeting.
4. Your hearing aids should be comfortable to wear (both physically and in terms of hearing); if not, contact your clinician.

